

“HOW SHOULD A BELIEVER PRAY?”

*“The Adverbs of Prayer” – Message Three
(Matthew 6:5)*

QUESTION: “What is the correct posture for prayer?”

I. WE CAN PRAY WHILE {STANDING}.

**Mark 11:25 *John 11:41 *I Samuel 1:26*

NOTE: Standing is a symbol of confidence! (*Ephesians 6:13*)

II. WE CAN PRAY BY {KNEELING}.

**Ezra 9:5b-6a *Daniel 6:10 *Luke 22:41-42 *Psalm 95:6-7*

NOTE: Kneeling is a symbol of submission!

III. WE CAN PRAY BY {BOWING}.

**Exodus 4:31 *Exodus 12:27 *Exodus 34:8
*Genesis 5:24 *Luke 18:10-14 *I Samuel 16:7b*

NOTE: Bowing our head is a symbol of humility.

IV. WE CAN PRAY BY {PROSTRATING}.

**II Chronicles 20:18 *Numbers 20:6 *Joshua 5:13-15
Psalm 63:6

NOTE: Prostrating is a symbol of desperation!

V. WE CAN PRAY WHILE {LIFTING HANDS}.

**I Timothy 2:8 *I Kings 8:22-23 *Mark 6:41
*Psalm 121:1-2 *Psalm 63:4*

NOTE: Lifting hands is a symbol of gratitude!