

Sermon Notes

October 7, 2007

“When You Are Down...Look Up”

([Psalm 121](#))

I. A {SERIOUS} PROBLEM

Note: When you are down, stop looking at {YOURSELF} and start looking at {YOUR GOD} ([Psalm 121:2-8](#)).

Scriptures

Psalm [42:11](#)
Job [23:1-4](#)
I Samuel [1:5-10](#)
Jeremiah [20:7-9](#)
Matthew [11:2-3](#)

II Corinthians [4:8-9](#)
Matthew [26:36-38](#)
I Corinthians [10:13](#)
Proverbs [24:16](#)

II. A {SPIRITUAL} RESPONSE

Note: When you are down, {LOOK} up!

Scriptures

Psalm [121:1-2](#)
Psalm [56:3](#)
Psalm [61:1-4](#)
Romans [12:21](#)

Isaiah [40:28-31](#)
Mathew [14:28-31](#)
Acts [7:55](#)

III. A {SUPERNATURAL} RESULT

Note: God does not give sympathy, but {HELP}!

Scriptures

Psalm [121:1-2](#)
I Samuel [30:1-10](#)
Psalm [50:15](#)
Psalm [34:17-19](#)
Hebrews [4:14-16](#)

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